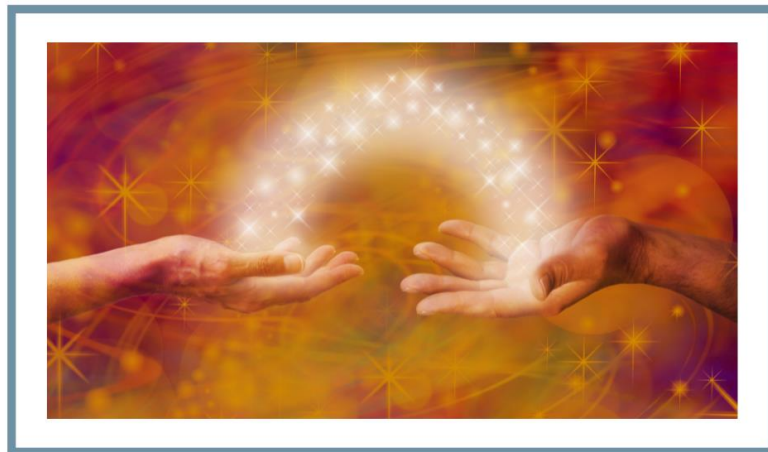


MSEC Metaphysical Society

PRACTITIONER TRAINING



PROSPECTUS
2022/23



School of Metaphysics

An independent organisation for the advancement of spiritual understanding
and the self-empowerment of the individual.



The Metaphysical Society

“Life is a blessing or a curse, according to the use we make of it.”

The Metaphysical Society (MSEC) is a network of qualified, registered Metaphysical Practitioners and Teachers which was founded by Christine King (the Principal) in the early 1990's. It aims to provide a forum for the awakened individual seeking an interesting programme of personal development and spiritual growth and it also serves as a training faculty for Metaphysical Counsellors, Practitioners and Teachers.

In 1996 the MSEC Practitioner Training Course was accepted by the ICM (Institute of Complementary Medicine) as a recognised training course. Our organisation was the first Metaphysical training course to join the Institute. The ICM has now expanded into the ICNM (Institute of Complementary and Natural Medicine.) We are proud to say that our relationship with this organisation now spans nearly 20 years and we still maintain close ties with the CHO (Confederation of Healing Organisations) who have since taken over that role.

Qualified practitioners are trained to work holistically with clients on a one to one basis using Metaphysical counselling skills and psycho-spiritual techniques. This combination helps the individual to understand how the mind works at both the psychological and spiritual level, the purpose of which is to gradually guide the client to a place of self-empowerment. With the support of a Metaphysical Practitioner, clients can utilise the principles to help restore balance and harmony to their lives and rediscover hidden talents, strengths, and abilities within themselves.

The following pages outline the Metaphysical Society Practitioner Training Programme. This Programme is designed to be taken part-time over a year, following successful completion of the MSEC Foundation Course.

The course leads towards a qualification as a Metaphysical and Spiritual Counsellor and is focussed on Practitioner training. However, the course can also be taken solely for personal development.

MSEC is a BRCP Approved Training centre, and our full training route is BRCP Approved



The Metaphysical Society Practitioner Training

Practitioner Course

A TRANSFORMATIONAL PROGRAMME FOR INDIVIDUALS WHO ARE TRULY READY FOR CHANGE
(STUDIED PART TIME OVER 12 MONTHS)



Course Content:

The Spiritual Practitioners Tool Kit
The Fundamental Principles of Spiritual and Metaphysical Counselling
Becoming a more effective Practitioner
Tuning into Higher Wisdom
Practitioners Casebook

Daily Spiritual Practice to enhance the realisation of Oneness
Healing through Awareness
The problem always has a gift within it
Self-Worth and the Approval trap
The 10 Commandments of True Relationship

The Power of Prayer and its many forms
Surrender Vs. Struggle
When the Student is ready the Teacher will Appear
Dealing with Clients at their own level of Awareness
Helping the Client turn Adversity into Opportunity

The Challenges of the Spiritual Path
The True identify behind the Mask
Going beyond the Script of the False Self
The Darkest hour is just before Dawn
The Four levels of Forgiveness

Expressing Feelings and Needs
Embracing the Inner Critic
Meeting the Disowned Selves
The Way of the Mystic
From Law to Grace

The Path of Oneness
The Principle of Freedom
The Consciousness of Love
Beyond the World of Opposites & much more...



Practitioner Course Fact Sheet

The Practitioner course is only open to students who have already completed the full MSEC Foundation Training. It aims to deepen understanding and encourage the practical application of the principles studied on the Foundation Course.

Students complete this course on a FULLY ONLINE basis, where the theory course material, and the counselling skills workshops and exam are now held online.

The Practitioner Course is designed for the advanced student who desires to work professionally in this field as a Metaphysical Practitioner and Spiritual Counsellor or for the person who wishes to use the knowledge for personal growth and expanded awareness. Either way it does require a level of commitment and a willingness to change and grow. Personal development is a key element in the process of this training.

Metaphysical counselling is not just a talking therapy. It goes beyond the remit of conventional counselling and aims to help clients understand their challenges and life situations from the level of the soul, gradually guiding them from their current situation to a place of self-empowerment.

Although Metaphysics does incorporate a psychological approach it goes beyond orthodox psychology and approaches the client's situation from a spiritual perspective, helping them understand and utilise principles in order to restore balance and harmony to their lives, and discover hidden talents, strengths and abilities within themselves.

As well as Metaphysical counselling skills, the training includes a myriad of techniques from a wide range of practical and philosophical teachings. Together they provide an extremely powerful set of tools to assist clients at different states and stages along their Spiritual path.

Towards the end of the course, there will be an online theory examination, in readiness for practical experience with volunteer clients. Successful candidates will then be issued with a Diploma. All qualified Practitioners will have the opportunity of joining the Metaphysical Society (MSEC) and having their names included on the website. Plus, they can apply to the Confederation of Healing Organisations (CHO) for inclusion on their British Register of Complementary Practitioners (BRCP).

Alongside participation in course topics & webinars, there will be additional home study by way of reading, inner awareness exercises and some written assignments. This extra work will not be excessive, and no one need be concerned about any lack of academic experience. If you intend to practice, you will need to complete four case studies of metaphysical counselling with six voluntary clients and undertake six personal counselling sessions with a Metaphysical Practitioner.

A successful Metaphysician is not necessarily the person with the most intellectual ability. It is someone who opens their heart to this profound truth, recognising their True Identity and sincerely desiring to share their understanding with others.



Course Requirements

To successfully qualify as a Metaphysical & Spiritual Counsellor/Practitioner, you would need to:-

1. Participate and complete every aspect of the training.
2. Produce a portfolio of work, which includes all the required essays, exercises etc. (This builds upon the work already completed in the Foundation Course).
3. Complete the required reading assignments.
4. Receive a minimum of six counselling sessions with a registered MSEC Metaphysical Practitioner
5. Attend 9 online Counselling Skills workshops spread over the year
6. Take the exam towards the end of the course.
7. Take out student insurance, during training (details will be supplied) and register as a student member of the BRCP
8. Complete six free counselling sessions with four practice clients, and the required paperwork/case studies to the necessary standard.
9. Complete a basic First Aid course e.g. these are offered online or by St John's Ambulance Service etc. country-wide (unless you already have up to date first aid training)
10. National occupational standards are being adopted and implemented by the CHO/BRCP, these will be advised as and when we are informed.



Course Overview

NB. ALL ELEMENTS OF THIS TRAINING ARE NOW FULLY ONLINE

Theory Element of the Course

Independent study/ reading etc. ongoing through the course
18 online classes with forums and live webinars on each topic
17th September 2022 until 22nd June 2023
(with breaks every 3 or 4 weeks plus Christmas, Easter etc.)

Counselling Skills Workshops

9 full day online Counselling Skills workshops spread throughout the course from October to June. Introducing & integrating the practical counselling skills element of the course.
Completing any remaining assessments, theory, and exam preparation.
(Dates to be confirmed)

Theory Assessments

Theory portfolio by 26th May & online exam on 22nd June

Volunteer Clients

15th July to 30th September 2023
Successful students to work independently to complete their volunteer client sessions and related case studies. You receive individual support from a course tutor along with group webinars and online class forums.

Tuition for all the above is included within the total course fees.

Webinar Timings & Dates for the Counselling Skills workshops - to be advised.

NB. As you go through the enrolment process there will be an opportunity for you to confirm your availability and preferences, so we get a group consensus, and everyone has plenty of notice.



Provisional Course Schedule

Proposed Dates TBC	Topic
17 th September	Independent Study - Preparation, Reading etc.
	Online Classes Begin
P1 – 7 th October	Nature of Reality – Metaphysical & Mystical Principles
P2 – 14 th October	Development of the self & rise of Universal Parent
	Study Break
P3 – 28 th October	Formative Years – Birth of selves and Re-parenting
P4 – 4 th November	Inner Critic, Self-esteem, and approval
P5 – 11 th November	Meeting the self in the world and Relationship bonding patterns
TBC	Counselling Skills Workshop Day 1
	Study Break
P6 – 25 th November	Understanding Shadow work Transforming strong emotions
P7 – 2 nd December	Addiction and Co-dependency
TBC	Counselling Skills Workshop Day 2
P8 – 9 th December	Health & Illness as a teacher
17 th Dec – 5 th Jan 2023	Christmas & New Year Break
P9 – 6 th January	Relationship Part 1 – Clarifying communication
P10 – 13 th January	Relationship Part 2 – Expressing more peacefully
	Study Break
P11 – 27 th January	Handling Life's Crises – Supporting the Client
P12 – 3 rd February	Dreams/Visualisation – Analysis & Interpretation
	Study Break
TBC	Counselling Skills Workshop Days 3 & 4
P13 – 3 rd March	Forgiveness – Making Peace
P14 – 10 th March	Empowering the Client
TBC	Counselling Skills Workshop Day 5
20 th March – 14 th April	Easter Break
P15 – 14 th April	Mystical – Challenges on the Spiritual Path
P16 – 21 st April	Setting Up a Practice
TBC	Counselling Skills Workshop Day 6
	Study Break
P17 – 5 th May	Client Case Histories
P18 – 12 th May	Revision
26 th May	Theory Portfolio Due
	Study Break
TBC	Counselling Skills Workshops Days 7, 8 & 9
Exam date 22 nd June	Exam
23 rd June – 14 th July	Break
15 th July to 30 th Sept	Volunteer Client Sessions
30 th September 2023	Volunteer Client Portfolio Due & Course Closes



Portfolios

As before, during the course you will be required to compile a theory portfolio of evidence which contains essays, exercises, course work etc. And a Practical Portfolio which shows your competency with the Volunteer Clients. These portfolios will be assessed at the end of the course.



Essential Reading

A detailed reading list will be provided after enrolment. It recommends 4 essential books (likely cost approx. £45) plus a list of optional reading material.



Individual Counselling Sessions

As part of the course (for those intending to become Practitioners) you are required to undertake a minimum of six counselling sessions with an MSEC registered Metaphysical Practitioner.

Please be sure you are happy with a practitioner and then ideally stick with them for the full six sessions, it will be more productive that way. At the end of this period, the practitioner needs to sign a form to confirm you have completed the required sessions, this form is then added to your portfolio as evidence. Please rest assured that the content of the counselling sessions is confidential.

Six one-hour counselling sessions cost approx. £80 - £90 each (usually a discount is offered if you book and pay in advance— please check with your practitioner). If you have experienced any MSEC Metaphysical Counselling sessions in the 6 months before this course starts, up to 3 of those sessions can count towards this requirement. Counselling sessions are generally available via Zoom or in person.



Online Exam

There are two papers of 1.5 hours each, although four hours are allowed to include refreshment, meditation, etc. One paper contains theory questions; the other is related to either a client case history or a presentation. There is an entry fee (currently £200) to cover the examiners fee for marking and assessing your papers & all 2 years of portfolios. The fee needs to be paid 1 month before the examination date. Details of the exam timetable will be confirmed nearer the time

Rest assured - if you work steadily throughout the course you will be well prepared for the exam and your practice clients.

The examination is not compulsory if you do not wish to work professionally



Course Rates 2022- 2023

Monthly Instalment Plan

i.e. **£335 now**, then 14 further monthly instalments **£335**

Total £5,025

Spread instalments throughout the year

Quarterly Instalment Plan

i.e. **£1,200 now**, then 3 further instalments of £1,200 every 3 months

Total £4,800 (**saving £225**)

Special Early Bird Rate

i.e. **£4,600 now**, if paid in full before 15th August 2022

(**saving £495**)

NB. All enrolments are required by 15th August 2022 so details can be booked and finalised.

NB. On the basis of enrolments received, we shall make arrangements on your behalf, so please treat registration as a commitment to complete the course.

Also if you are still completing instalments on your Foundation course & need us to restructure payments so you can join the course then do please contact us

mail@schoolofmetaphysics.com

Likely Expenses (as a Student)

- Course Fee: £4,600 to £5,025 depending on chosen rate (see above for discounts and instalment schemes)
This fee includes all tuition fees, **including the 9 Counselling Skills online full day workshop classes.**
- Books - approximately £40 - £50 (although cost could be reduced if buying used copies from the internet.)
- Six one-hour counselling sessions – total approx. £500 to be taken any time before June 2023
- Student Insurance – approx. £25 per year.
- Exam & Portfolio Verification Fee - approx. £200 payable one month before examination date

Student Insurance

New legislation requires all students to have adequate insurance cover during this course. Therefore, students will need student/trainee insurance. It is standard practice to have insurance of £2.5 million malpractice, professional indemnity, plus public and product liability. Currently there is a BRCP Student Membership & Insurance scheme for under £25.

If you are already a practising therapist, it may be possible for you to simply add 'Student Metaphysician' status to your existing insurance. When you register for the course, you will be provided with insurance application details.



The Qualification

Upon successful completion of all requirements you would be issued with the Diploma qualification - **M.S.E.C. (Practitioner)**

If wished you could take the programme purely for your own personal growth or a theory pass, in which case a *Certificate of Completion* is issued, **not** a qualification. Please note you would be unable to practice with clients.

As explained, the MSEC Practitioner course is affiliated with the Confederation of Healing Organisations (CHO). So, upon successful completion of the course, for a fee, Practitioners have the option, should they wish, to apply to the CHO for inclusion on their British Register of Complementary Practitioners (BRCP) and subject to acceptance, they may use the designating letters MBRCP.

Likely Expenses (as a Practitioner)

- Upgrade of Insurance from student to Practitioner approx. £80 per annum
- Membership of MSEC - currently £95 per annum
- Ongoing continuous professional development (CPD) with a qualified MSEC Supervisor which is currently 12 hours per year.
- Optional – to join British Register of Complementary Practitioners

Please note all above fees quoted may be subject to change

Continuous Professional Development (CPD)

All students gaining a qualification from the MSEC and registered with The Metaphysical Society are required to attend ongoing CPD with a qualified MSEC Supervisor whilst practicing. For Practitioners or Facilitators, the requirement is 12 hours workshop time per year. CPD workshops are available in attendance or online workshop options, or one to one private sessions on the topic of your choosing (individual sessions require fewer CPD hours).

Directory of Practitioners

The MSEC Directory of Practitioners is on the MSEC website www.metaphysicalsociety.com. It lists qualified practitioners who are insured qualified &

registered members of the Metaphysical Society. Plus the teachers, trainers and facilitators who offer tuition on behalf of The Society are also listed in this directory.

To Enrol

Please Click Here To Enrol >>

Register from just £335 and reserve your place

(Payment can be made via credit/debit card or PayPal)

NB. Enrolments close on 16th August 2022

*Should you have any questions about what is involved
or whether the course is right for you?*

*Please contact mail@schoolofmetaphysics.com
to arrange a time to talk with one of the course tutors.*

*We are happy to help
Thank You*

Also [please scroll down here](#) for testimonials from previous participants



Ethical Standards for Metaphysical Practitioners

Code of Practice

1. Practitioners are required to treat their clients with compassion and respect, creating a safe environment that encourages trust and open communication.
2. Practitioners are required to make available training certificates and diplomas to any client who wishes to inspect them.
3. Practitioners are required at all times to act in a professional manner with their clients and will not misuse their position of trust.
4. Practitioners are required at all times to respect the confidentiality of their clients as a sacred trust. In any supervisory capacity the client's name will not be used.
5. Metaphysical Practitioners do not claim to be Psychologists or Psychotherapists. They work with Spiritual Principles that do sometimes include psychological techniques, which are an aspect of Metaphysical teachings. Metaphysical Practitioners encourage clients to utilise these principles, so they may be led to a place of self-empowerment.
6. The Practitioner will not claim to personally cure or heal anyone. Any beneficial effect that takes place is entirely due to the self-healing power within the individual.
7. Practitioners will not interfere with any medical treatment the client is undergoing and will work alongside any orthodox form of treatment the client is already receiving. Practitioners will never advise anyone to discontinue prescribed medication. Clients must always consult their medical doctor for advice in this matter.
8. Practitioners will only take cases that they feel are within their capacity to treat and which they genuinely believe can benefit from Metaphysical practice.
9. Practitioners are required to make available insurance certificates to any client who wishes to inspect them.
10. The MSEC Practitioner Diploma is not proof of an insured Practitioner. In order to practice as a Metaphysical Practitioner, up to date insurance cover & CPD is imperative. Proof of current insurance & CPD will need to be produced for acceptance on both the MSEC and BRCP Member registers.

